

Athlete's Name \_\_\_\_\_

Grade \_\_\_\_\_

## TIMBERSTONE JUNIOR HIGH HELMET WARNING

(Football Only)

Do not strike an opponent with any part of your helmet or face mask. This is a violation of football rules and may cause you to suffer severe brain or neck injury, including paralysis or death.

Severe brain or neck injury may also occur accidentally while playing football.

NO HELMET CAN PREVENT ALL SUCH INJURIES.

YOU USE THIS HELMET AT YOUR OWN RISK.

Date helmet issued: \_\_\_\_\_

\_\_\_\_\_

Athlete's Signature

\_\_\_\_\_

Parent's Signature

\_\_\_\_\_

Date

**THIS FORM NEEDS TO BE SIGNED AND RETURNED TO THE ATHLETIC DEPARTMENT**