



# BILLY GOAT CROSS COUNTRY



## 1 MILE RACE

*THURSDAY OCT. 6, 2022  
FOR McDONALD ELEMENTARY  
AND PRE-ELEMENTARY RUNNERS*

The Varsity and Junior High Cross Country coaches, and athletes will be directing Cross Country races for McDonald elementary students on Thursday, October 6th. The FREE races will occur at Woodland Park beginning with the girl's race at 5:15 pm followed by the boy's race at 5:30 pm. Awards will be presented to the top 3 boys and girls from each grade level in an awards ceremony at the gazebo at 6:00. The races will be supported and monitored by the junior high and high school cross country runners, as well as the Cross Country Booster's Club, Coaches, and Parents. Please plan to attend this run, as we promote running for enjoyment as well as running for competition.

**Please arrive at the pavilion by 4:50 to register for your race.**

**What?** A Cross Country Race through Woodland Park

**Who?** All McDonald elementary students are welcome to run

**Why?** To promote running to gaining fitness, and to showcase Billy Goat Cross Country.

**When?** October 6th, beginning at 5:15 P.M.

**Race Times:** 5:15 Girl's Race (1 Mile)  
5:30 Boy's Race (1 Mile)  
6:00 Awards

Award will be presented to the top 3 boys and girls in each of these categories:

K-pre-K; Grade 1; Grade 2; Grade 3; Grade 4; Grade 5; Grade 6