

Roosevelt Elementary School

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Eric M. Jones, Principal

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Acceptable Treats for Roosevelt Students

Peanut and Tree Nut Free Snack Suggestion List

When choosing a peanut free snack for your child's class, it is important to **ALWAYS** check the label on the package to make sure it is free of peanuts and nuts of all kinds. This list is only to serve as a resource. It is in no way complete and is subject to manufacturer recalls and mislabeling. Manufacturers may have changed their equipment or product line and method since you last purchased an item from this sheet.

READING LABELS: Some manufacturers clearly state if a product has peanut or nuts in it while others, it is almost hidden. **PLEASE READ THE LABELS**, each time you purchase. Do not purchase items with the allergy and ingredient alert such as:

"May Contain Peanut or Tree Nuts"

"Processed on shared equipment with Peanuts and Tree Nuts"

"Manufactured in a plant with Peanut or Tree Nuts"

"Contains Peanut or Tree Nut Ingredients"

Thank you for taking the time to read the labels and discussing the topic of "safe snacks" with your child! Your diligence is keeping an allergic child safe at school.

Fruit or Veggies

Fresh fruit (no strawberries due to allergies)
Fresh veggies
Raisins (plain, not yogurt or chocolate covered)
Applesauce cups
Mandarin orange cups
Pear or peaches cups
Fruit snacks (Betty Crocker Brand, Target, Annie's Organic or Meijer Brand only) **NOT KELLOGG**

Dairy Snacks

Danimals, Go-gurts, Trix yogurt
String cheese (Sargento or Meijer Brand)
Kraft Cubes or sliced cheese
Sargento Mootown Snacks (cheese and pretzels, cheese and crackers, cheese and sticks)

The Place To Be!

Candy / Sweets

Skittles
Starburst
Tootsie Rolls
Tootsie Pops

Smarties
Mike and Ike
Twizzlers
Laffy Taffy

Life Saver Gummies
Dum Dum Suckers
Air Heads
Hershey Kisses

Junior Mints (milk chocolate only)
Kraft Marshmallows

Popcorn

Pop Secret
Act 11
Jolly Time
Orville Redenbacher

Special Treats

Pizza - McDonald Ianazone's Pizza is nut free. Please ask if purchasing elsewhere. Cocca's Pizza uses Peanut oil in their fryers. Chance of cross contamination.

Pudding / Jello

Jello Gelatin and Pudding Cups
Hunts Pudding
Kraft Handi-Snacks Pudding Cups

Annies Organic

Organic bunny Cheddar Crackers
Organic Traditional Snack Mixx Bunnies
Organic Whole Wheat Bunny Crackers
Organic Sour Cream and Onion Bunnies
Organic Bunny Grahams

Chips

Cheetos
Fritos, Tostitos, Doritos
Lays Potato Chips, Ruffles, BBQ, Plain
Rold Gold Pretzels (rods, twists, cheddar)

***No home baked items or baker items will be accepted at school due to the possibility of exposure to allergens or cross contamination.**

Cereal / Bar

Nutri-Grain Bars (apple, cherry, raspberry, blueberry)
Rice Crispy Treats (pre packaged)
Cheerios (regular, fruity, apple cinnamon, frosted)
Cinnamon Toast Crunch

Pop Tarts
Apple Jacks
Corn Pops
Alpha Bits

Lucky Charms
Trix
Cocoa Puffs
Cookie Crisp

Cold Treats

Icee-Squeeze Tubes

Flavor Ice Tubes

Minute Maid Frozen Lemonade

Crackers / Cookies

Cheese Nips
Barnum Animal Crackers
Scooby Doo Graham Crackers
5 pack cheese and pretzel dip
Lorna Doones
Keebler Vanilla or Rainbow Wafers
Elf Grahams (honey, cinnamon)
Rice Crispy Treats (pre packaged)

Teddy Grahams (cinnamon, chocolate chip, honey, chocolate)
Honey Maid Graham Crackers (chocolate, cinnamon, honey)
Ritz Crackers (not Ritz Bits)
Ritz Chips (original cheddar)
Vanilla Wafers (golden, mini)
Goldfish Crackers (original, colors, cheddar, pretzel, giant)
Nabisco Oreo (blue pack only - check ingredients)
Nabisco Oreo Golden (yellow package)

The Place To Be!