

# Nurse Assisting and Associated Health Careers



## Improving the quality of life for patients



Students learn the fundamentals of patient care necessary for entry-level employment in health care settings such as nursing homes, hospitals, medical offices and home health care agencies. Students work directly with patients, participating in over 100 hours of clinical experiences. In addition to preparation for entry-level employment, students are highly qualified to pursue post-secondary education in a variety of healthcare related pathways.

### Units of Study

- Introduction to Health Occupations
- Anatomy and Physiology
- Nutrition
- Legal and Ethical Concerns and Standards
- Geriatric Personal Care
- Vital Signs
- Supervised Clinical Experience
- Personal Health and Wellness
- Human Sexuality
- Lifting / Moving / Transporting
- Admissions / Transfers / Discharge
- Patient Assessment
- Pre and Post-Operative Care
- Emergency Care
- Catheter Care
- Specimen Collection

### Integrated Academics

- English
- Science
- Health

### Licensing / Industry- Based Certifications

- Red Cross First Aid/CPR/AED certification
- NYS Nurse Aide Certification (through Prometric)

### Work-Based Learning

CTE programs bring students into the workplace for real life experiences. Rochester Regional Health is one professional organization that supports our Nurse Assisting and Associated Health Careers program.

### College Credits

MCC Dual Enrollment -  
HED 130: Foundations of Personal Health and Wellness

### Articulation Agreements

- Wayne-Finger Lakes BOCES
- Genesee Valley Educational Partnership



### Career Paths

All CTE programs correlate to many career paths.

#### ↓ **Start Here**

- Certified Nurse Assistant
- Home Health Care Aide

#### **Go Here ↓**

*with more education & experience*

- Licensed Practical Nurse
- Registered Nurse
- Health Service Administrator

### Explore more:

<https://www.careerzone.ny.gov/>  
<https://www.onetonline.org/find/>



WEMOCO Career & Technical Education Center  
Monroe 2-Orleans Board of Cooperative Educational Services  
Monroe2BOCES.org/cte 585-352-2471  
3589 Big Ridge Road, Spencerport, New York 14559



# Nurse Assisting and Associated Health Careers

## Employability Profile

### Work-Related Skills

Productivity and Accountability	_____
Follows procedures to meet expectations and deadlines	_____
Displays consistent work performance and quality of work	_____
<b>Flexibility and Adaptability</b>	_____
Works effectively in varied roles and responsibilities	_____
Responds well to and implements feedback	_____
<b>Initiative and Self-Direction</b>	_____
Identifies, prioritizes, and completes tasks without direct oversight	_____
Seeks to learn and develop new knowledge and skills	_____
<b>Leadership and Responsibility</b>	_____
Leverages strengths of others to accomplish a goal	_____
Takes ownership of one's work, performance, behavior, and actions	_____
<b>Communication</b>	_____
Articulates thoughts and ideas clearly and effectively through speaking and writing	_____
Practices active listening skills	_____
<b>Collaboration</b>	_____
Works effectively with others	_____
Open and responsive to new and diverse perspectives	_____
<b>Critical Thinking and Problem Solving</b>	_____
Asks questions to lead to better solutions	_____
Identifies possible options and their outcomes	_____

### Comply with Standard Precautions

Hand washing	_____
Gloving	_____
Personal protective equipment	_____
Body wastes	_____
Concurrent disinfection	_____
Terminal disinfection	_____
Isolation	_____

### Communication in Health Care

Use of nursing care plan	_____
Giving/receiving report	_____
Documentation	_____
Communication with health care providers	_____
Communication with clients	_____
Communicating with supervisor	_____
Communicating with families	_____
Identify items of mandated reporting	_____
Professional Language	_____

### Perform Personal Care

Shaving	_____
Hair care	_____
Nail care	_____
Oral hygiene	_____
Bed bath	_____
Back rub	_____
Catheter care	_____
Peri- care male/female	_____
Shower	_____
Provide skin care	_____
Care of incontinent patient	_____
Dressing/undressing patient	_____
Care of eyeglasses	_____
Care of hearing aide	_____
Denture Care	_____

### Aiding with Elimination

Intake and Output	_____
Urinal	_____
Bedpan equipment	_____
Commode	_____
Urinary drainage bag	_____
Ostomy	_____
Assisting with bathroom privileges	_____

### Measure and Record Vital Signs

Axillary temperature	_____
Oral temperature	_____
Rectal temperature	_____
Electronic temperature	_____
Tympanic temperature	_____
Apical pulse	_____
Radial pulse	_____
Blood pressure	_____
Respiration	_____
Height	_____
Weight	_____

### Support Safety and Safety Devices

Patient identification	_____
Side Rails/Floor Mats	_____
Call bell	_____
Bed wheels locked	_____
Wheel chair/Geri chair locked	_____
Body mechanics	_____
Using an ABC Fire Extinguisher	_____
Gait Belt	_____

### Collecting Specimens

Urine specimen	_____
Stool specimen	_____

### Feeding the Client

Assist	_____
Total Feed	_____
Intake and Output	_____
Adaptive Devices	_____
Residents with Dysphasia/Dysphagia	_____

### Assisting with Patient Activity

Range of Motion	_____
Walkers	_____
Crutches	_____
Canes	_____
Ambulation	_____
Positioning in bed/chair	_____

### Lifting, Moving, Transporting

One assist transfer	_____
Two assist transfer	_____
Transfer belt	_____
Lift sheets	_____

### Emergency Care: American Red Cross Certification

Choking/obstructed airway	_____
CPR and AED	_____
First Aid	_____

### Perform Post-Mortem Care

Care of body after death	_____
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