

Lunch Time Recess Returns to Bexley Middle School

By Annabel Long

BMS has something that not all middle schools have: recess, a 20-minute period before or after lunch on the football field where students can cut loose and hang out with their friends.

Other middle schools don't have recess, so they may not think it's necessary. Some of the students and staff, though, think differently.

Eighth grade teacher Mr. Sidel says, "I think it is a good idea. Students have a lot of energy, and they deserve an outlet to get out some of that energy." Lots of students, like Maia Nelson, agree with his thinking. "I think recess is a good idea because we get a break in the day to let our energy out."

Recess is on the football field this year instead of on the playground like it was last year. As a result of the location movement, there is a lack of equipment to use. "Letting us go onto the playground would be a good idea because I really miss

the swings and bringing more equipment out onto the football field," says eighth grader Syd Smith.

The fact that we have less equipment poses a problem for kids to find something active to do. "I just hang out with my friends on the bleachers or go on my phone or run around," explains Cassidy Schwartz. Lots of kids sit around and talk at recess, and some kids walk or run the track.

One reason other middle schools might not have recess is because they think it will get the kids riled up, but eighth grade teacher Mr. Sidel thinks differently. "My fourth period class (right after lunch and recess) is actually pretty chill. The combination of eating a good lunch and burning off some energy allows students to focus."

Overall, BMS students and staff like recess and think it is a good idea, along with suggesting more activities, equipment, and things to do during this twenty minute period.



Tornado Alters Cassingham Complex Landscape



By Cassidy Schwartz

Students walking to school from the south see a reminder of the tornado that hit Bexley Schools on September 26 even though many people didn't even realize it happened at the time.

Mr. Caudill was certainly surprised. "That was insane. I came to work 45 minutes after it happened and there was a tree down and I was like 'that's weird, why is there a tree down?' then I saw the playground, and it was just crazy."

The portable bleachers went across the field and into the fence and were damaged, and the National Weather Service did confirm that it was in fact an EF1 tornado even though the tornado alarms did not go off.

"I thought it was strange," Mr. Sidel says, "It seemed to impact Central Bexley, but it didn't impact South Bexley."

South Bexley was barely touched while trees and other things were blown down in North Bexley and Central Bexley. The students at BMS also had some things to say about the tornado.

Student Sydnie Smith said "It was scary because I didn't know" because the alarms didn't go off when the tornado hit.

Other students like Maia Nelson don't believe that it was a tornado at all. "I don't believe it was a tornado, but I am sad the trees are gone."

The students here at BMS certainly all had their own opinions about the tornado.

We are lucky that the tornado only affected the appearance of our school and that all the students remained safe.





Aries (March 21-April 19): Don't be afraid to show everyone what you can do today. Don't push yourself too hard, take some time to relax today, and let other people shine. Spend some time with a good friend today and let them choose what to do.

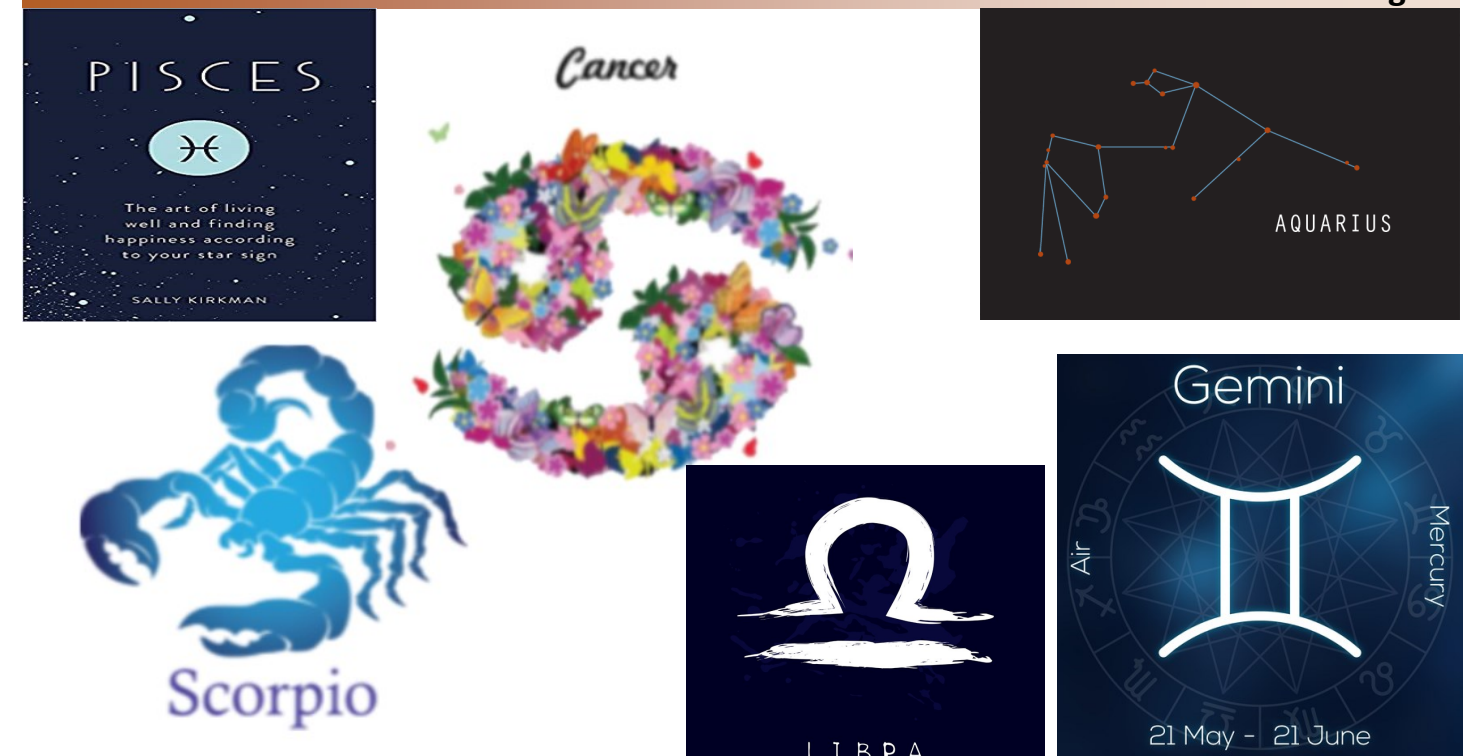
Leo (July 23-August 22): Show off your stuff today, and take charge. Cool down a bit and relax. At the same time, you should push yourself to do something you don't feel super comfortable in.

Sagittarius (November 22-December 21): Be more laid back than usual today. Your mind needs some rest. Stay in a space that is comfortable to you. Do something that you always enjoy doing.

Taurus (April 20-May 20): Be spontaneous today, step outside your comfort zone a bit. Loosen up a bit, and do something you didn't plan to do. Try raising your hand to answer a question when you aren't sure of the answer.

Virgo (August 23-September 22): Be wild today, you should also give yourself some time to just relax by yourself. When you are thinking about something, give yourself time to decide. Play today, let your child spirit that is way down inside you run free!

Capricorn (December 22- January 19): Stand your ground today and be firm. Try to be calm and relaxed. You should also try to be a follower, and let someone else take charge.



Gemini (May 21-June 20): Let yourself go with the flow today. Hold yourself back a bit today, and don't work yourself too hard. Today, you should decide what you want to do and go with it.

Libra (September 23-October 22): Be a bit more intense today. At the same time let yourself go, and refuse to do something. Spend some time all by yourself, and don't care about how you look today.

Aquarius (January 20-February 18): Go against the grain today. Act like a different person than usual and see how it feels. Be a bit of a rebel as well. Give yourself some precious time to just think. Do something that you have wanted to do for a while.

Cancer (June 21-July 22): Be a bit harder on yourself today. Make sure to stop and think every few moments and let all the feelings sink in. Put aside some time just for you and use that time to do something you have wanted to do for a while.

Scorpio (October 23-November 21): Let someone else decide something today. Be a bit relaxed and maybe even a bit lazy today. Don't care too much about other people today. Tell someone something you've never told anyone.

Pisces (February 19- March 20): Focus on one thing today. Try to be a bit forgetful today about everything else. Give yourself some time to just be you and relax. Respect yourself because you are special. Maybe you could spend some time outside as well and just absorb the beauty of nature.