



Cougar Tales

FALL FESTIVAL CANCELED!



Due to safety concerns related to COVID-19, we have canceled our Fall Festival for this school year. We will certainly miss all of the fun and fellowship that we look forward to every year.

We do plan to create several baskets for online auctions later in October, in November and in December. More information to come soon.

No Smoking/Tobacco



Please remember that District Three has a "No Smoking or Tobacco" policy on all school

properties. This does include inside your car on school grounds.

PARKING

Please do not leave your vehicle along the curb for any reason. All vehicles must be in a parking space.



Report Card Conferences

Believe it or not, it is almost the end of the first nine weeks of school and that means that conferences are just around the corner.

We will hold parent/teacher conferences virtually or by phone. Your child's teacher will be contacting you soon to schedule a date and time. Communication with your child's teacher is one of the most important things that you can do as a parent to ensure your child's educational success.



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REMINDERS

- Fall Picture Make-up Day on October 26
- Please call the school at 279-6304 if your child is out for any reason.

Please do not send your child to school if they are sick. Also, please call the nurse at 279-6304 if they have fever, worsening cough, loss of taste and smell, etc. It is so important that we work together to keep all of our students well during this unprecedented time.

Terrific Kids for September

Delilah Bryant
Brailee Kiefel
Charleigh Coxey
Channing Bryant
Rachel Difort
Yareli Gonzalez
Ashlyn Hill
Saul Wright

Jaysen Hembree
Kynlee Fortner
Sarah Scruggs
Colt Jones
Rylan Roberts
Genesis Leiva
Bentley Snapp
Jake Patton

Alexandria Cothran
Paris Hightower
Ella Cate Andrus
Lillian Pinkard
Kamya Davidson



Healthy Snacking Tips



1. Start with snacks from the food groups. American kids don't typically get enough of low-fat dairy, vegetables, fruit and whole grains, so start with these!
2. Think of snacks as mini meals and combine two or more food groups for a healthy snack.
3. Choose snacks with protein to help them feel full longer. Add foods rich in carbohydrates like fruits, grains or vegetables for energy.

PTO Fall Fundraiser

Students will be bringing home a booklet full of great items to order to support our PTO. Our CES PTO has always provided incentives and prizes for our students for everything from state testing snacks to treasure chest treats to books for our students. This year, all items will be ordered online and then the company will ship directly to you. Thank you for helping our kids!



News From Coach Reid

Wednesday, October 7th is Walk at School Day.



Unfortunately, we will not be able to have our normal walk with parents prior to school. Instead, each class will participate in a walk during the school day.

Notes From Nurse Bridges

Here's how to scrub those germs away. Teach this to your kids — or better yet, wash your hands together often so they learn how important this good habit is:

- **Wet your hands** with clean, running water (warm or cold). Make sure the water isn't too hot for little hands.
- **Use soap** and lather up for about 20 seconds. Antibacterial soap isn't a must — any soap will do.
- Make sure you **get in between your fingers**, on the backs of hands, and under the nails where germs like to hang out. And don't forget the wrists!
- **Rinse and dry** well with a clean towel.

SCH  L
NURSE



It's Time For A Brain Boost!

For a student to succeed, we know that proper rest, a distraction-free study area, and good nutrition are paramount. But one simple fact is often overlooked: Drinking water can make a big difference in helping students stay focused, creative, and energized. Yes, it's that simple.



Studies show that brain function can be improved by 14% with proper hydration. The brain depends on suitable hydration to function properly. Just like a car, when we're running low on fluids, things don't work so well. When the body goes for a long period of time without drinking water, brain cells lose efficiency and we have trouble staying focused and completing tasks.

You are encouraged to send your child to school daily with a bottle of water to help keep the brain hydrated. Only water is allowed in the classroom.

Now Accepting Nominations for Spartanburg School District 3 ATLAS Academic Gifted Programs

Nominations are now being accepted for the Spartanburg School District 3 ATLAS Academic Gifted and Talented Programs for 2020-2021. Students may be nominated by parents, teachers, school staff members, or self-nominated. Art and Music nominations will be held in the spring.

Academic Gifted Nomination Forms are available in your child's classroom.

Nomination forms must be returned by October 15, 2020.

How are open nominations publicized?

Elementary parents are notified through newsletter announcements and brochures sent home with students in grades 3-5.

What services are provided?

Academically gifted students are those who are identified in grades 3-12 as demonstrating high performance ability or potential in academics and therefore require an educational program beyond that normally provided by the general school program in order to achieve their potential. (State Regulation 43-220).

Spartanburg School District 3 provides the following models:

Academic Gifted Program --

Grades 3-5 A pull-out class of two to three hours weekly.

Grades 6-8 Accelerated classes in language arts, math, science and social studies.

Grades 9-10 Accelerated Honors English class.

Grades 11-12 Advanced Placement Courses (any student capable of advanced work may elect to take these classes. Students need not be nominated.)

How do students qualify?

The qualification process is based on state procedures and criteria. For the academic program, students qualify by meeting specific criteria in two of three areas:

- Aptitude scores on reasoning tests
- Achievement scores on nationally normed reading comprehension and mathematics concepts/problem solving tests and/or state achievement tests
- Performance scores on the state STAR test for elementary students, and final grade averages for middle and high school students

Do I need to nominate second graders?

All second graders are routinely screened for third grade placement. Second graders need not be nominated.

What happens after students are nominated?

Previous scores are reviewed. Some students met eligibility criteria for August 2020 placement without further assessment; others, whose screening suggests that they are potential qualifiers, will take additional testing between November and March. Parents of students who are nominated will receive notification of the schedule and results of the testing procedures.

For further information, contact your school guidance counselor or the Spartanburg School District Three Administrative Office (Phone 279-6000) –Dr. Susan Little, Assistant Superintendent of Curriculum and Instruction.





Applications for Christmas Assistance

Families with students in Spartanburg School District Three who would like to request assistance with Christmas must complete an application. In-person applications will not be taken due to Covid-19 restrictions. All applications must be submitted by November 30th to be considered for assistance. If you do not have access to the internet and would like an application sent home by your child, please contact your child's school. They will also be taken by contacting the district office at 279-6021 or 279-6022. If there are questions regarding the information provided, please include working phone numbers and someone will contact you.

Please include the following with your application:

Verification of Household Income

Monthly Bills/Expenses

Name/Address of Employer

Name/Contact Number of Caseworker (if applicable)

Free/Reduced Lunch Eligibility Required (if an application is not on file, one must be completed before approval for assistance)

Be sure to include correct sizing for clothing – regular or slim for jeans, etc.

Do not include large electronics or cell phones under wish list.