



Issue I

August 2019



# Cougar Tales

I would like to welcome each one of you to Cowpens Elementary School for the 2019-2020 school year. Thank you for sharing your marvelous children with us!



## Arrival/Dismissal Procedures

Thank you to everyone for your patience during arrival and dismissal. We have many new children arriving in cars and trying to learn new car numbers. This year's car numbers are on blue cards. Please remember to give a new tag to anyone picking up your child. For your child's safety, anyone picking up a child without a new tag will be asked to go to the office, provide a picture ID and be listed on the sign-out sheet.

We have a Cowpens Police Officer out front daily at 2:10 PM to assist with traffic. He will not allow cars to pass other cars waiting in line on Foster Street. The line of traffic can be avoided if you arrive around 2:40. You must arrive prior to 2:50 to avoid a Cougar Club fee.

Your cooperation allows us to get everyone in and out safely.



## Ice Cream For Sale



Our Student Council sells ice cream on Fridays. Ice Cream items are 50 cents. The treats are available to 5K thru Grade 5 students after they eat their lunch. We will begin selling on 8/30/19.

### Inside this issue:

Welcome	1
Arrival/Dismissal	1
Early Release Days	1
New Faces	2
Reminders	2
Nurse Notes	3
Child Search	4
Sept. Calendar	5

Please remember to join our PTO for only \$2.00 per member.

## EARLY RELEASE DAYS

Please make arrangements to pick up your child on the following Early Release Days at 11:30 AM :

February 19, 2020  
April 15, 2020



- Wear your best smile on Sept. 6th for school pictures
- Fall Festival is October 29th



## New Faces at CES

We are pleased to welcome our new staff members:

Dana Horne, Kelly Larson, Angie Cox, Shawn Casey, Dede Frost, Karen Garrett, Vashti Summerfield, Terri Reid, Katie Waddell, Anna Claire Lester, Aerial Wheeler, Michele Warren, Mike Reid, Jane Houston and Nicole Brown.



Our school and your children will most definitely be in good hands with these new additions.

## Principal's Reminders

- Our school campus is smoke free. This includes not smoking or vaping in your automobile on school grounds.
- Please call the school at 279-6300 if your child is absent or tardy. You may leave a voice message before or after school hours. If we have not heard from you, we will make an attendance call to ensure your child's safety.
- Remember to come in with your child if he/she arrives after I come in at 7:45.
- Car riders must be picked up by 2:50. After 2:50, you will need to pick up your child from Cougar Club at the door to the right of the school. Cougar Club is a paid after school program and the fee is \$9.00 if your child is sent to Cougar Club.
- CES is a Title I School and the Title I Plan is available on our website.



## Notes from PE.....



As we begin another year in PE, I have just a few reminders for you. For safety purposes, flip flops are not allowed in PE. Your child needs to wear tennis shoes on PE days. If your child wears flip flops, they will not be able to participate that day. I ask that you please have your child dressed appropriately on their designated PE day. Appropriate dress includes soft-soled shoes (lace up or Velcro only). Children should not be dressed in clothing that may prohibit activity or become tangled in equipment. Examples would be excessively baggy clothing, loose belts, or long skirts. Appropriate dress does not include sandals, slip-ons, or hard-soled shoes. Dresses are acceptable as long as pants or shorts are worn underneath.

Sarah Justus, PE Teacher

## Student Roles

Congratulations to the following fifth grade students. Dalia Hassan, Faith Harmon, Brooklyn Hendricks, Vanessa Garza, Jeroboam Leiva, Kaeleigh Huller, Jace Littlejohn, Landan Byrd, Jonathan Shimanskiy and Eden Turner were elected to Student Council for 2019-2020. Edwin Cruz-Lopez and Carson Taylor were chosen to be responsible for raising and lowering our flags each day.



## GREETINGS FROM OUR SCHOOL COUNSELOR

Dear Parents,

I hope each of you had a wonderful summer. I am very excited about a start to a new school year! This is my tenth year as the school counselor. I have truly enjoyed working with the children and their families here at Cowpens Elementary and I look forward to meeting new students this year.

I will continue to see children on a bimonthly basis in classroom guidance. During our guidance time we will discuss social skills, manners, bullying, study skills, safety, alcohol and drug awareness, feelings, careers and our character word of the month.

I am also here to help students who are facing particular difficulties. I will see children on an individual basis or in a small group. Please let me know if a problem arises with your child and you would like for me to talk with them. It is important to remember that school personnel and parents working together is a winning combination for children.

As always, feel free to contact me at any time if you have a concern or question regarding your child. I will be more than happy to assist you. I can be reached at 279-6307 or at my email address [abella@spartanburg3.org](mailto:abella@spartanburg3.org).

I wish your child a successful school year!

Respectfully,  
Angela Bellamy

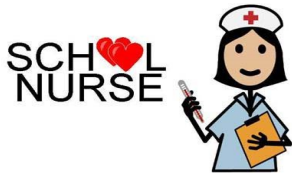


## OLWEUS ANTI-BULLYING RULES



- 1) We will not bully others.
- 2) We will try to help students who are bullied.
- 3) We will try to include students who are left out.
- 4) If we know that someone is being bullied, we will tell an adult at home and at school.

## Notes From Nurse Davis



If your child has been ill, remember the 24 Hour Rule of Thumb:

- 24 hours fever free without any fever reducing medications

(Tylenol, Motrin) for 24 hours before returning to school

- 24 hours without nausea, vomiting, & diarrhea (and tolerating a normal diet)
- 24 hours of receiving medication such as antibiotics, eye ointment/drops

**Remember students may not transport medications to and from school. A parent/guardian must bring in all medications.**

Let's stay healthy! Studies have shown that school absenteeism due to illness is reduced when good hand washing is practiced (before & after eating, after restroom use & playing outside).

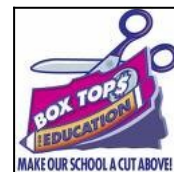
It is my privilege to care for your child while here at school. Please feel free to contact me with any questions or concerns you may have.

## Free Money for CES

Please collect Box Tops from products that you already purchase. Cowpens Elementary School receives a dime for every Box Top that you send to us. In addition, your child gets a small prize from Mrs. Ivey for helping our school.

Ingles donates a portion of everything that you spend if you register your Ingles card with our school identification number. Your card must be registered at the beginning of each school year. Please send a note if you need a form to register your Ingles card for 2019-2020.

Thank you for helping us earn free money for our kids at CES!



## Spartanburg School District Three Conducts Child Find Screenings (SEARCH)

for children with special needs ages 3-5 years who are NOT enrolled in school.

*If you know a child living in Spartanburg School District Three who has **difficulties seeing, hearing, talking, walking, learning/doing, or behaving**, please have the child's parents call to schedule an appointment for a **FREE** screening.*

**Dates:** 9/18/19, 11/20/19, 1/15/20, 3/18/20, 4/29/20

**Place:** Pacolet Elementary School

**Time:** 9:00 am – 11:00 am

**FOR AN APPOINTMENT CONTACT  
SPARTANBURG SCHOOL DISTRICT THREE  
SPECIAL SERVICES OFFICE 864-279-6020.**

Federal law mandates services for children with disabilities from birth to age 21 years. Children ages 0 (birth) to three (3) might be eligible for **BabyNet Services**. For more information contact **Spartanburg's BabyNet Office at (621-0865) or [babynet@scfirststeps.org](mailto:babynet@scfirststeps.org)**

Public schools are required to identify and provide services to children ages three (3) to five (5) who meet the criteria for services under IDEA (Individuals with Disabilities Education Act). For more information, contact your local school district.

**Statement of Non-Discrimination** Spartanburg School District Three does not discriminate on the basis of race, color, national origin, sex, disability or age in its programs or activities and provides equal access to the Boy Scouts and other designated youth groups. The following person(s) has been designated to handle inquiries regarding the nondiscrimination policies: Director of Personnel and Pupil Services 3535 Clifton Glendale Road Glendale, SC 29346 (864)279-6000 [rgoode@spartanburg3.org](mailto:rgoode@spartanburg3.org)

