# 2023 SOUTH FAYETTE YOUTH VOLLEYBALL CAMP

# **@ South Fayette Middle School**

For BOYS & GIRLS entering  $3^{rd}$ ,  $4^{th}$ ,  $5^{th}$ ,  $6^{th}$ , or  $7^{th}$  in the 2023-24 school year

# June 13<sup>th</sup>, 14<sup>th</sup> and 16<sup>th</sup>

Note: June 15<sup>th</sup> is the new South Fayette Kennywood Day.

#### VOLLEYBALL DEVELOPMENT CAMP

This camp is specifically designed to introduce and develop fundamental volleyball techniques and skills including passing, setting, hitting, serving, and game play. During each day a different aspect of athletic development will be discussed including flexibility and balance, strength training, movement skills, footwork, and jumping technique. This camp program is intended for

all skill levels. No prior experience is necessary.

When: June 13th, 14th, & 16th

#### Times:

- Session 1 3, 4, 5 Graders ○ 9:00-11:30
- Session 2 6, 7 Graders
  0 12:00-2:30

\*Times may be adjusted based on camp enrollment.

## Location: SF Middle School Gym

**Cost:** \$100 (includes camp t-shirt) Make checks payable to **Scott Sundgren** 





#### Camp Director

**Coach Scott Sundgren** is the head volleyball coach for both the high school and middle school teams. He has held this position for the past 24 years. In that time, the team has made 20 WPIAL playoff appearances, including seven final four matches, two finals, and six PIAA state playoff births. He has coached all level of players from youth to Division 1.

For more information or another registration form, please contact Coach Sundgren.



### **Camp Registration Form - 2023**

please print neatly

CAMPER'S NAME		
STREET ADDRESS		
CITY	STATE	ZIP
HOME PHONE		
EMAIL		
EMERGENCY CONTACT N	NAME	
EMERGENCY CONTACT F	PHONE NUMBER	
T-shirt size - Please circle one (If no size is selected, a youth medium will be purchased)		
Youth – S M L Adult – S M L		

GRADE ENTERING 2023-2024

AGE

Group Insurance #

Insurance Agreement #

I understand that South Fayette does not carry medical or accident insurance for those attending this camp and I hereby certify that my child is covered by a personal insurance policy or is included in a medical policy in which I have in force. I hereby authorize routine medical care for the above name attendee and I authorize treatment not considered routine to be referred to local physicians and medical facilities at my cost.

Parent's Signature

Date

Please send or drop off this registration form to:

South Fayette Intermediate School Attn. Scott Sundgren, Volleyball Coach 1200 Lt. Will Way McDonald, PA 15057