







# MENU

Week September 26 - 30	Monday 26	Tuesday 27	Wednesday 28	Thursday 29	Friday 30
	Salisbury Steak Carrots and Smiley Fries	Pasta Bar Marinara or Alfredo Chicken or Meatballs Broccoli	Pierogi Bar Ham & Onions Spinach Greens Breadstick	Cheese Quesadilla w/ Refried Beans	Cheesy Breadstick w/ Marinara & Salad Bar
	Cheese or Pepperoni	Cheese or Pepperoni	Cheese or Pepperoni	Cheese or Pepperoni	Cheese or Pepperoni
	Hot Dog	Breaded Chicken or Spicy Chicken	Cheeseburger/ Hamburger	Breaded Chicken or Spicy Chicken	Cheeseburger/ Hamburger
	Chopped Romaine, Spring Mix, Hard Boiled Eggs, Beets, Carrots, Celery, Cherry Tomatoes, Peppers, Garbanzo Beans, Red Onions, Corn, Cucumbers, and other fresh ingredients.				
<p><b>Contact your Chef Resident Director, Ryan Oliver,</b>  <a href="mailto:roliver@avifoodsystems.com">roliver@avifoodsystems.com</a> for questions or comments.</p> <p><b>Breakfast: FREE, Served 7:20 AM to 07:40 AM</b>            Lunch: \$3.50 (\$.40 for reduced)            Extra Milk: \$.75</p> <p>This institution is an equal opportunity provider.  <b>*MENU SUBJECT TO CHANGE*</b></p>					

## St. Thomas Aquinas Middle and High School

