







# MENU

Week 3 October 10-14	Monday 10	Tuesday 11	Wednesday 12	Thursday 13	Friday 14
	NO SCHOOL	Mini Corndogs Sweet Potato Fries Carrots Baked Beans	Inside Out Pot Pie Chicken, Mixed Veggie, and Biscuit	Mac and Cheese w/ Broccoli	Salisbury Steak w/ Smiley Fries & Gravy Corn
	NO SCHOOL	Cheese or Pepperoni	Cheese or Pepperoni	Cheese or Pepperoni	Cheese Or Pepperoni
	NO SCHOOL	BBQ RIB	QUESADILLA	SPICY CHICKEN	BBQ RIB
	Chopped Romaine, Spring Mix, Hard Boiled Eggs, Beets, Carrots, Celery, Cherry Tomatoes, Peppers, Garbanzo Beans, Red Onions, Corn, Cucumbers, and other fresh ingredients.				
<p><b>Contact your Chef Resident Director, Ryan Oliver,</b> <b>roliver@avifoodsystems.com for questions or comments.</b></p> <p><b>Breakfast: FREE, Served 7:20 AM to 07:40 AM</b> Lunch: \$3.50(\$.40 for reduced) Extra Milk: \$.75</p> <p>This institution is an equal opportunity provider. <b>*MENU SUBJECT TO CHANGE*</b></p>					

**St. Thomas Aquinas  
Middle and High School**

