Regina Coeli School SEPTEMBER Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Hamburger/Cheese burger, Baked Beans, Fries, Pickle, Fruit Sorbet, Milk	2 WG Waffles w/Syrup, Potato Patty, Turkey Sausage, Fruit, Paradise Punch, Milk	3 Cheese Or Pepperoni Pizza, Romaine Salad, Fruit, Jello, Milk	4 No School
7 LABOR DAYOS No School!	8 DIY Lunchable w/Lunchmeat, Cheese Cubes, Crackers, Carrots w/Ranch, Fruit, WG Cookie, Milk	9 Chicken Drumstick, Romaine Salad, Corn Bread, Fruit, Pudding, Milk	10 Sloppy Joe, Green Beans, Tater Tots. Fruit, Milk	11 WG Pancakes w/Syrup, Yogurt Cup, Potato Patty, Paradise Punch, Fruit, Milk
14 Chicken Tenders, Romaine Salad, Tater Tots, WG Roll, Fruit, Milk	15 Soft Taco w/Lettuce & Cheese, Black Bean Fiesta, Chips & Salsa, Fruit, Milk	16 PB&J Uncrustables. Gogurt, Carrots w/Ranch, Baked Chips, Fruit, Milk	17 Chicken Patty on Bun, Green Beans, Fruit, Fruit Snacks, Milk	18 Three Cheese Calzone w/Marinara, Mixed Vegetables, Fruit, Jello, Milk
21 Cheese or Pepperoni Pizza, Carrots & Celery w/Ranch, Fruit, Fruit Snacks, Milk	22 Walking Taco, Black Bean Fiesta, Fruit, WG Cookie, Milk	23 General Tso's Chicken, Broccoli, Rice, Fruit, WG Cookie, Milk	24 Chicken Nuggets, Peas, Fries, Corn Bread, Fruit, Milk	25 Bowtie Pasta w/Marinara, Romaine Salad, Cheese-Stuffed Breadsticks, Fruit, Milk
28 Italian Sub, Carrots & Cucumbers w/Ranch, Baked Chips, Fruit, Pudding, Milk	29 Turkey Hot Dog, Baked Beans, Sweet Potato Puffs, Fruit Slushie, Milk	30 Fish Shapes, Green Beans, Fries, Fruit, Milk		

Regina Coeli School SEPTEMBER Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Assorted Cereals, RF Gogurt, Fruit, 100% Fruit Juice, Milk	2 Fruit Flavored Oatmeal. Fruit, 100% Fruit Juice, Milk	3 French Toast w/Syrup, Fruit, 100 Fruit Juice, Milk	A No School Staff Work Day
7 LABOR No School!	8 Mini Cream Cheese Bagels, Fruit, 100% Fruit Juice, Milk	9 WG Egg & Cheese Tacos, Fruit, 100% Fruit Juice, Milk	10 WG Pancake Wraps w/Syrup, Fruit, 100% Fruit Juice, Milk	11 Assorted Cereals, String Cheese, Fruit, 100% Fruit Juice, Milk
14	15	16	17	18
Turkey Sausage Breakfast Pizza, Fruit, 100% Fruit Juice, Milk	French Toast w/Syrup, Fruit, 100% Fruit Juice, Milk	WG Mini Donuts, Fruit, 100% Fruit Juice, Milk	Assorted Cereals, RF Gogurt, Fruit, 100% Fruit Juice, Milk	WG Fruit Frudel, Fruit, 100% Fruit Juice, Milk
21	22	23	24	25
Assorted Cereals. WG Cinnamon Goldfish, Fruit, 100% Fruit Juice, Milk	Assorted Breakfast Bars, Fruit, 100⁰₀ Fruit Juice, Milk	RF Yogurt Cup, Simply Chex-Strawberry Yogurt, Apple Slices, 100% Fruit Juice, Milk	Sausage Egg & Cheese Sliders, Fruit, 100% Fruit Juice, Milk	WG Pancakes w/Syrup, Fruit, 100% Fruit Juice, Milk
28	29	30		
WG Pancake Wraps w/Syrup, Fruit, 100% Fruit Juice, Milk	Assorted WG Muffins, String Cheese, Fruit, 100% Fruit Juice, Milk	Assorted Cereals, RF Gogurt, Fruit, 100% Fruit Juice, Milk		