 **POLAR BEAR CLUB**

Congratulations to all the students that participated in Polar Bear Club last year! Now that winter temperatures are starting to arrive again – it’s time to get signed up for this year’s Polar Bear Club! This special group is sponsored by The Health and Wellness Committee and was formed to provide an opportunity for students to go outside on a few days when the weather conditions are colder than when we normally go out (below 20 degrees) – or when the snow keeps most folks inside. Of course, this means that students will need to come prepared with proper cold weather clothing including hats, gloves, snow pants, winter coat, and boots. Students will also need to be of the age and ability to get dressed and undressed without much assistance. Putting all the winter gear on and off will take place in the gym and students will need a garbage bag for wet clothes storage when they are all done. We hope to do this a few times this winter. We will keep an eye out for the weather and make an announcement the night before indicating that the next day will be a Polar Bear Day. Those students that have permission and that are prepared with clothing will be able to go outside while others remain inside for indoor recess.

**\*TO PARTICIPATE, PLEASE FILL OUT THE PERMISSION SLIP BELOW AND RETURN TO THE OFFICE.**



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**MARYLAND ELEMENTARY SCHOOL**

**POLAR BEAR CLUB PERMISSION SLIP**

OUTDOOR RECESS FOR THE BRAVE - Windchill down to 0 F

Just four steps to get started:

1: Winter Gear: Hat, Gloves, Snowpants, Boots, Jacket & Garbage Bag for storage

2: Student Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

3: Grade:\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Homeroom Teacher:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

4. Parent’s Signature:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

If your mom &/or dad are interested in volunteering to help, contact Ms. Drake: susan.drake@bexleyschools.org