

# Bath Counseling Newsletter

## September 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 No School	3	4	5	6 BGSU Visit	7
8	9 Jostens Sr Meeting during WT	10	11 Akron Visit	12	13	14
15	16	17 Wright State Visit	18	19	20 Cincinnati Visit	21
22	23	24	25	26	27	28
29	30	1	2 Financial Aid Night 7pm Auditorium	3 Toledo Visit		

### Senior Checklist

- Narrow your college list to 3-5 schools
- Be on the look-out for College Applications opening.
- Register for ACT/SAT
- Start asking for Letters of Recommendation.

### Wellness Tip

#### Encourage Open Communication

Create a safe space to express your thoughts and emotions without judgment. Open communication strengthens family/friend connections and supports emotional well-being.

### Contact Information

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