

Bath Counseling Newsletter

January 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10 -Semester Exams (1-4)	11 -Semester Exams (5-7) END of 2nd Quarter	12 NO SCHOOL	13
14	15 NO SCHOOL MLK Day	16 -Juniors ASVAB Interpretation	17 Apollo Students CCP Night- 6pm @ Apollo	18	19	20
21	22	23	24 Army Lunch Visit	25	26 Soph. Apollo 411 Blast **Last Day to Apply to Apollo	27
28	29	30	31			

Senior Checklist

- ☐ Fill out the FAFSA- studentaid.gov
- ☐ Take a college visit if you are still undecided (Talk to an Admissions Counselor)
- ☐ College reminders- School Deposit, Housing app, Roommate selection, scholarships
- ☐ Workforce students- Update resume, See OMJ to get leads. Collect recommendation letters
- ☐ Goal: Complete 1 Scholarship a Week (see schoology page for these)
- ☐ Keep GPA up for your final transcript
- ☐ Request Transcripts to be sent. (Request form on guidance page)

Wellness Tip

Prioritize Sleep

Establish a consistent sleep routine. A good night's sleep enhances mood, concentration, and overall cognitive abilities.

Contact Information

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