



# Bath Football Newsletter March Edition



Edition 1, March 2023

## Coming Events

Team Shop Ends 3/29

<https://bathfootball2023.iteamorder.com/>



Get Your **BATH**  
WILDCAT Football  
Gear!!!!!!

Coach Russell's Contact INFO:

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## Great Things Happening In the Weight Room!



***"I will work, We will win!"***

**Great things have been happening in the weightroom. Several of our athletes recorded PRs (personal records) during our first testing session. Lifting and conditioning has been going remarkably well. We are focusing on the little things and the players are really buying in!**

## TOP Lifters from Each Exercise

- ***Quinton Collins-285 BENCH***
- ***Izaiah Murphy-500 Deadlift***
- ***Jager Smith and Kahne Sullivan-205 Hang Clean***
- ***Foster Deters-25 Dips***

## Lifting Clubs

1000 lbs.	1100 lbs.	1200 lbs.
Dalton Woodruff	Ethan Stevens	Kory Slaught
Jack Radar		Izaiah Murphy
Carson Kinnard		
Liam Sullivan		
Kahne Sullivan		





# Meet your Bath Wildcats...



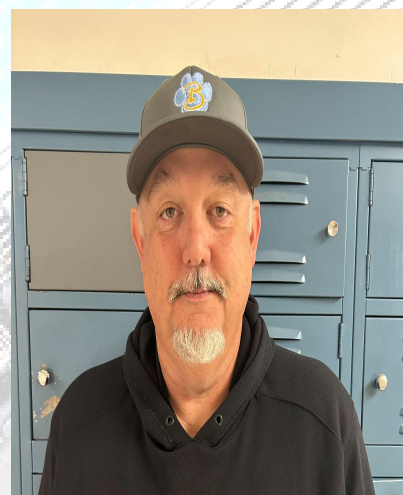
## Senior Dalton Woodruff #4

1. **Who is your hero?** My Parents
2. **If you could live anywhere, where would it be?** If I could live anywhere it would be Colorado
3. **Have you ever had a nickname? What is it?** Woody
4. **Aside from necessities, what one thing could you not go a day without?** The Bible
5. **If you could go back in time to change one thing, what would it be?** I'd go back and stick with baseball
6. **Who would you want to play you in a movie of your life?** Keanu Reeves
7. **What is your favorite family holiday tradition?** My favorite holiday tradition is probably having the 4th of July at my grandparents with all of my family.
8. **What was the last thing you recorded on TV?** Ohio State basketball game
9. **What is your favorite food?** a cheeseburger
10. **What is your favorite memory of Bath Football?** Beating Elida at home my sophomore year

## Meet Coach Mullins

I have coached High School football for 25 years. I have coached on both sides of the ball and multiple positions. I have coached under 6 different head coaches in my 25 years. Teaching young men to become great leaders, fathers and husbands is my passion. I am currently coaching high school baseball at Franklin as a varsity assistant coach.

I currently work at Franklin city schools as a paraprofessional. I am an ordained Minister and I have led the Fellowship of Christian Athletes at Franklin. I have been married to my Donna for 30 years. I have two sons Jared and Jordan. I have two grandchildren, Elsie and Silas. My faith is extremely important to me as well as my family. I enjoy being able to teach kids about the importance of education as well as athletics everyday.



# April Calendar!

## Bath Football April 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10 AM-11:45 AM-Championship Workout #16
2	3	4 6:30-8-Championship Workout #17	5	6 6:30-8-Championship Workout #18	7	8 Off
9	10	11 6:30-8-Championship Workout #19	12	13 6:30-8-Championship Workout #20	14	15 10 AM-11:45 AM-Championship Workout #21
16	17	18 6:30-8-Championship Workout #22	19	20 6:30-8-Championship Workout #23	21	22 10 AM-11:45 AM-Championship Workout #24
23	24	25 6:30-8-Championship Workout #25	26	27 6:30-8-Championship Workout #26	28	29 10 AM-11:45 AM-Championship Workout #27
30					BEAT ELIDA!	BEAT EVERYBODY!!!

Take advantage of every opportunity to get better EVERYDAY!!! **Go WILDCATS!!!**