



## **CONSUMER ACCESS TO SERVICES**

The mission of the Mental Health and Recovery Board of Erie and Ottawa Counties is to plan, fund, direct and monitor a dynamic network that drives a continuum of behavioral health services in a relentless pursuit of person-centered wellness and a healthy community.

Board meetings are held monthly, and the means of accessing committee and Board meetings is posted on the Board's website. We follow the Open Meetings Act; thus, all are welcome to attend the meetings. No member of the public is denied access.

Board planning consisted of 4 Sequential Intercept Mapping exercises and 2 Strategic Plans. In addition, planning efforts in Erie and Ottawa Counties include, but are not limited to the following:

Erie and Ottawa County Family and Children First Councils  
Erie County and Ottawa County Health Assessments  
Erie and Ottawa County School Superintendents and North Point Education Services Center  
Erie County Family Dependency Treatment Court and Erie County Drug Court  
Erie County Health Departments Partners for Prevention  
Erie County HUB for substance use disorders  
Erie County Minority Health Task Force  
Ottawa County's Drug Free Collaborative  
Assisted Outpatient Treatment Ottawa County  
Ottawa County Stepping Up Initiative

Impact of MHRBEO-funded mental health and substance use disorder services FY 2020:

- **220 programs and services** were accessed 98,000 times
- **13,647 calls** were made to crisis hotline, with over 75% relevant to mental health issues.
- **111 individuals** from Erie and Ottawa Counties resided in recovery housing programs with a daily average of 19 in Light House Sober Living, 9 in Volunteers of America and 13 in Becky's House
- **294 Erie or Ottawa County residents** received detox services using ¼ of the bed days at the ECHD
- **83 individuals** with mental illness were supported in group homes and independent living
- **68 wards** with mental illness received guardianship services to oversee their welfare and finances.
- **62 families with 97 children** were offered assistance through the *GRAND love* program which assists grandparents (and others) who are raising children with absent parents.
- **9002 students** in 18 area schools benefited from funding provided for a variety of evidence-based prevention, intervention and treatment services.
- **51 law enforcement and emergency responders** received Crisis Intervention Team (CIT) training to sustain more effective interactions with mental health care providers and those with mental illness.
- **26 individuals** were trained in Mental Health First Aid in FY 2019.
- **308 education staff** were trained in suicide prevention.
- **855 individuals** incarcerated received mental health services and/or substance use disorder services

## **EXPANSION OF SERVICES**

### **SERVICES TO YOUTH-Evidence-Based Prevention, Intervention and Treatment**

- FY20-\$180,000 provided to 18 schools in Erie and Ottawa Counties impacting 9002 students
- FY21-\$151,500 provided to 15 schools impacting 8713 students
- FY21- targeting 9 area schools for prevention in K-12 grades

### **TRAINING**

- **Suicide Prevention Training-Question, Persuade, Refer (QPR)**  
FY19, approximately 800 individuals in the schools were trained.  
FY20 approximately 308 were trained.
- **40 Hour Crisis Intervention Team training (CIT) for first responders**  
FY19, 54 first responders trained  
FY20, 51 trained.

### **SUBSTANCE USE DISORDER SERVICES**

**Continuum of care services-** The continuum of care involves an integrated system of care that guides and tracks client care over time through a comprehensive array of mental health and addiction treatment services. Spanning all the levels of intensity of care, the levels for each client will vary depending on their unique recovery needs.

- Firelands and Bayshore continuum of care contracts (expanded services)
- Partial hospitalization program established for those with substance use disorder.
- Peer supporters 24/7 response to Firelands emergency room due to overdose.

### **Recovery Housing**

- Ohio Recovery Housing certified, Light House Sober Living, opened 7 recovery housing beds for women in Ottawa County.
- Contract with Ohio Recovery Housing certified, Road to Hope, Becky's House, to pay a per diem rate for daily operations for Erie and Ottawa residents.
- \$100,000 in capital match approved for Road to Hope for 16 beds for men's recovery housing program in Erie County.

### **Peer Run Organization for Substance Use Disorder Services**

- Assisted Sandusky Artisans Recovery Community Center with obtaining capital funding from OhioMHAS for construction on the existing building to, among other things, open the third floor, install an elevator to make the building handicap accessible and accommodate services for adolescents. Partial match money provided.

### **Specialized Dockets**

- Erie County Drug Court certified by the Ohio Supreme Court
- Family Dependency Treatment Court certified by the Ohio Supreme Court

### **MENTAL HEALTH**

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treatment services. Spanning all the levels of intensity of care, the levels for each client will vary depending on their unique recovery needs.

- Contracts with Firelands Counseling and Recovery Services and Bayshore Counseling Services (expanded services)

#### **Alternative to jail and hospitalization**

- Assisted Outpatient Treatment (AOT) program established in Ottawa County.

#### **Adult Care Facilities and Independent Living (Rent supplemented by the Board)**

- 33 Apartment rental placements (expanded services)
- 23 out of county group home placements (expanded services)

**Peer Run Organizations (PRO) (Contractors provide life-long learning opportunities for individuals with mental illness and/or substance abuse disorders)**

- Erie Shore Network hired a part-time peer supporter to facilitate a number of PRO services for members with mental health issues.
- Oak House relocated so that there is more space for consumer participation

#### **JAIL SERVICES (Mental health and substance use disorder services)**

- Assessments
- Case management services 40 hrs Erie County/24 hrs Ottawa County mental health
- Case management services 40 hrs Erie County/24 hrs Ottawa County substance use disorders
- Reimbursement of psychotropic medications (OhioMHAS and MHRBEO)
- Nursing assessment, Vivitrol, and Vivitrol injections for inmates
- Jail nursing

#### **SERVICES TO FAMILIES**

- **GRANDlove Program**-Case management services provided to guardians (mainly grandparents) to assist them with maneuvering through the public service system to get needed support for themselves and children.

#### **PENDING INITIATIVES**

**Mental Health Law Enforcement partnership**- The Mental Health and Recovery Board of Erie and Ottawa Counties, Firelands Counseling and Recovery Services (FCRS), Erie County Sheriff's Office and Ottawa County Sheriff's Office will work collaboratively in maintaining contact with consumers who have repeated admissions to the hospital and/or jail. The goal is to identify and address both risk and protective factors and provide for client care and safety in the least restrictive setting.

**Assisted Outpatient Treatment (AOT) program for Erie County**-Outpatient commitment model to reduce incarcerations and hospitalizations.