



Dear Staff, Students and Families,

I would like to take this time to talk with you about the CORONAVIRUS-COVID-19. My job is to maintain the health and safety of all individuals. The SRSD works with the Allegheny County Health Department as well as the Pennsylvania Department of Health and the Centers for Disease Control (CDC). We will continue to communicate important health-related information to staff and parents. We will continue to be pro active in this matter.

The disease was first detected in Wuhan City in China. January 31, 2020 the United States declared a public health emergency. CORONAVIRUS/COVID-19 comes from travel to China or direct contact with someone who has COVID-19.

The CDC recommendations please see the recommendations per the CDC for individuals.

- **Stay Home when you are sick.** If possible, stay home from work, school and errands when you are sick. Avoid close contact with people who are sick. You will help prevent others from catching your illness.
- **Cover coughs and sneezes.** Use a tissue to cover coughs and sneezes, dispose of the tissue. When a tissue is not available, cough or sneeze into your elbow.
- **Avoid touching your eyes, nose or mouth.** Germs spread this way.
- **Clean and Disinfect surfaces or objects.** Clean and disinfect frequently touched surfaces at home work or school, especially when someone is ill.
- **Wash hands for 20 seconds.** Washing hands often under clean, running water can help prevent the spread of germs. If you cannot wash your hands, use alcohol-based hand sanitizer with at least 60-95% alcohol.
- **If you have been traveling throughout the US and out of the country or been exposed to someone sick with COVID-19,** you will face limitations on traveling and activity.
Please notify proper individuals at work and at school notify the school nurse.
Follow instructions during this time. Your cooperation is integral to the ongoing public health response to try to slow spread of this virus.

The school nurse will reinforce these health practices with students and staff while at school. We encourage you to help by reinforcing these practices at home as well. Any questions can be direct to the school nurse.

Respectfully Submitted,

Gail Piole RN, BSN, CSN

Gail Piole RN, BSN, Certified School Nurse