

Indian Hill Exempted Village School District



# Indian Hill EVSD Brain Health

#  Promise

# 1N5



The mission of [1N5](#) is to prevent suicide by erasing the stigma of mental illness and promoting optimal mental wellness.

- Professional Learning for School Staff
- Consultation
- Education



# MindPeace



The mission of [MindPeace](#) is to ensure that there is a seamless system of mental health care for children and adolescents that meets specific characteristics of quality, provides a continuum of care, has system connections, and is affordable. A focus is the improvement and expansion of school based mental health services.

- Support of School-based Mental Health Partnership
- District participation in the High School Brain Health Network
- Brave Room design
- Toolkits for transition to adulthood



# Cincinnati Children's Hospital School-Based Mental Health



- 3 full time therapists on-site
- 1 on-site Nurse Practitioner to support medication management
- Consultation and integration with student educational teams
- Partnership to provide outpatient services in the school setting
- Financial assistance available through grant funding



# Sources of Strength

## (High School)



- Student-led initiative
- Periodic campaigns planned and implemented by students to educate peers about wellness

# Signs of Suicide



- Currently implemented in 8th, 11th, and 12th grade
- 8th & 11th grades complete full educational program and screening
- 12th grade refresher educational program
- If students are identified as at-risk for harming themselves, immediate action is taken by the counseling team to connect with the student and their family to provide support

# Panorama Social Emotional Learning Survey



The mission of [Panorama](#) is to radically improve education for every student.

- Administered to students in grades 3-12
- District committee chose questions and focus areas
- Brave Leadership Teams will be reviewing data and determining next steps



# Responsive Classroom



[Responsive Classroom](#) is a student-centered, social and emotional learning approach to teaching and discipline. It is comprised of a set of research and evidence-based practices designed to create safe, joyful, and engaging classrooms and school communities for both students and teachers.





# Brave Character Education



Boldly Respect and Value Everyone is a character education program designed by Indian Hill EVSD stakeholders including students, parents, community members, teachers, administrators, counselors and support staff.

- Lessons designed by staff and delivered by teachers during class meetings or advisory bells
- Alignment K-12

# QPR Training



Question



Persuade



Refer

The mission of the [QPR Institute](#) is to save lives and reduce suicidal behaviors by providing innovative, practical and proven suicide prevention training. We believe that quality education empowers all people, regardless of their background, to make a positive difference in the life of someone they know.

- Offered to staff, students, parents, and coaches periodically throughout the school year



# Brave Rooms

## (Elementary, Middle, High Schools)



When students become overwhelmed in the classroom they are able to go to the Brave Room where they can access a quiet environment that includes variety of evidence-based materials and strategies to utilize for calming.

- Students are taught how to access and utilize the Brave Room at the beginning of each school year.
- Students self-identify strategies that work best for them.
- Brave Rooms are located near counselor offices to allow for adult support when needed.

# Brave Bins

## (Primary & Elementary School)



In order to meet student needs within the classroom, each classroom has a Brave Bin that includes materials that students can self-select to aid them in calming.

- Consultation from MindPeace
- All staff implementing received Trauma Informed Care training prior to implementation
- Allows students to identify and use a tool to calm while remaining in the classroom hearing instruction