

When someone in your life has died, you are faced with the difficult, but important, need to mourn. A loss due to overdose, other addiction related causes, and suicide have an added layer of grief complexity.

The Hope Spot is bringing **Dr. Alan Wolfelt**, one of the world's most renowned and respected grief educators/counselors, to Dayton to help individuals, families, and the professionals serving them find hope, healing, and understanding of their complicated grief.



### UNDERSTANDING YOUR GRIEF Community Night: FREE!

Tuesday, April 26<sup>th</sup>, 6:30pm - 8:30pm

Hillside Chapel of Christian Alliance 3515 Shakertown Road, Beavercreek, OH 45430

This compassionate program provides you support in your personal grief experience and the unique challenges that come with it.

- Acknowledge the need to mourn
- Recognize the multitude of emotions involved in grief
- Understand unique aspects of your personal grief
- Understand the importance of self-care
- Have hope for your healing
- Understand the bill of rights of the mourner



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VIRTUAL Offered!

# 2022 Grief Conference Hosted by:



## WHEN GRIEF IS COMPLICATED Professional Seminar: 6 (EU's)

**Wednesday, April 27<sup>th</sup>, 8:00am - 4:00pm** Sinclair Community College

444 W. Third St. Building 12, Dayton, OH 45402

This advanced-level workshop is intended to help Chemical Dependency, Social Work, Counseling, & other caregiving professions explore the topic of "complicated" grief. It is not uncommon for caregiving professionals to experience unexpected losses within the communities they serve. Our hope is that participants of this seminar will gain understanding that benefits them in their professional and personal journeys. Six (6) CEUs will be provided for licensed professionals by TCN Behavioral Health.

- Introduction: The Wilderness of Complicated Grief
- Complicated grief influences and risk factors
- Identifying complicated grief: symptoms and sub-categories
- Special considerations around trauma, overdose and suicide deaths



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**FOR MORE INFORMATION:** Please reach out to Amy Pulver at The Hope Spot: TheHopeSpot@outlook.com or call 937.352.6367







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