



TEEN CHAT LINE



Monday through Friday
from 2pm to 8pm EST

Youth Peer Advocates (YPAs) operate this **anonymous and confidential warmline** to provide support **for youth experiencing emotional concerns or stress** in non-crisis situations.

**WE CAN
RELATE**

YPA's are between the ages of 18 and 30 with their own identified lived experience with mental health (or other) systems.

For more information visit **JustTellOne.org**