Who: Anyone interested in

- learning about topics that will assist transitioning youth with disabilities into adulthood
- When: The 3rd Tuesday of each month from 6:00-7:30 pm
- Where: St. John Lutheran Church 1100 N. Main St. Celina, OH 45822 Room 106B



CONTACT: S.A.L.T. Coordinator:

Karen Leugers kleugers@mercerdd.org 567-890-0264

S.A.L.T. RESOURCES



Information for trainings, webinars and other local events:

- <u>S.A.L.T. Facebook Page</u> for Mercer County: @SALTMercerCounty
- Did you miss a meeting or would you like to print off a presentation from a meeting? Visit the <u>Mercer County SALT</u> <u>Live Binder_at:</u> <u>http://bit.ly/2Y3KF8J</u>
- Board of Developmental <u>Disabilities</u> (Cheryl Ann Programs) http://www.mercerdd.org/
- Mercer County Educational
 Service Center (MCESC)
 Parent Mentor:
 beth.guggenbiller@mercercountyesc.org

Mercer County

chool to dult ife **T** ransition What is S.A.L.T.? **S.A.L.T.** is a free monthly series developed to provide learning opportunities, along with resources and guidance, to help families of young adults with disabilities navigate through the transition from school to adult life and beyond.



What happens during a S.A.L.T. and S.A.L.T.-Teen session?



S.A.L.T. Session (Parents)

Presentations and guest speakers focus on a specific topic making it easy to understand for families or caregivers. This is a very supportive group who willingly listen to and share knowledge and information with each other.



S.A.L.T. – Teen Session (students age 14-22)

A fun and creative group that takes place at the same time as the parent SALT session. The teen session is geared towards fostering awareness of self-advocacy, independent living and employment. How can I benefit from attending the S.A.L.T. and S.A.L.T.-Teen sessions?

S.A.L.T. families receive access to many helpful resources:

- You can make connections with other families and students.
- You can gather important contacts for transition support.
- You will receive handouts, presentation copies, etc.
- You will receive the most current information on trending topics.



2019-20 S.A.L.T. Schedule

Date	Location	Торіс
9/17/19 6:00-8:00 p.m.	St. John Lutheran Church Celina Rm 106 B	TRANSITION FAIR Learn About the Many Resources in Mercer County for Youth with Disabilities
10/15/19 6:00-7:30 p.m.	St. John Lutheran Church Celina Room 106B	DISABILITY BENEFITS How Will Employment Impact Social Security Benefits?
11/19/19 6:00-7:30 p.m.	St. John Lutheran Church Celina Room 106B	PASSING THE TORCH Learn How to Move From Advocating for Your Child to Promoting Their Self-Advocacy
1/21/20 6:00-7:30 p.m.	St. John Lutheran Church Celina Room 106B	UNDERSTANDING WAIVERS & OTHER SUPPORT OPTIONS What is available and How do we Apply?
2/18/20 6:00-7:30 p.m.	St. John Lutheran Church Celina Room 106B	THE JOURNEY TO ADULTHOOD: WHAT PARENTS NEED TO KNOW Community & Safety Training for Youth with Disabilities
3/17/20 6:00-7:30 p.m.	St. John Lutheran Church Celina Room 106B	INDIVIDUAL PATHS TO EMPLOYMENT (panel discussion) Hear From Individuals and Their Diverse Paths to Employment
4/21/20 6:00-7:30 p.m.	St. John Lutheran Church Celina Room 106B	CHARTING THE LIFECOURSE Created by families for families! Explore tools to support your loved ones in achieving the good life they desire.