

Eastern Cumberland County Consortium  
of Districts presents:

**Mental Health and Behavior –  
Exploring ways to support your  
child in the home and community**

# PARENT TRAINING

*There will be four training sessions  
running concurrently. Parents can  
select and attend **TWO** of these  
trainings:*

- ✓ Unpacking the Impacts of Social Media on Mental Health
- ✓ The Power of Words: Understanding the Impact of Communication on Behavior
- ✓ Supporting Families: Navigating the Emotional Landscape of Disabilities
- ✓ Healthy Bodies: Parents Supporting their Children with Disabilities through Puberty

**REGISTER  
HERE!**

Community agencies will be on site with informational tables. Parents may visit these tables before and in between training sessions.



# 28

**JANUARY 2025**

6–7:30 pm  
Mountain View  
Middle School

This training is open to any families of students with special needs from Camp Hill, Cumberland Valley, East Pennsboro, and West Shore School Districts. Childcare for school aged children will be available as indicated on registration form.

**PLEASE REGISTER FOR YOUR TRAINING SESSIONS AND ANY CHILDCARE NEEDS BY JANUARY 24!**