

ATTENTION: CENTRAL PA STUDENTS

# Free Heart Screening on National Youth Heart Screening Day

Hosted by The Peyton Walker Foundation and UPMC

The Heart Screening Clinic is open to students ages 10 to 22 years old, who are not currently under the care of a cardiologist. Echocardiograms will also be offered that day on site, free of charge, for those students who are identified as needing additional testing.

## SATURDAY, February 1, 2025

9 a.m. - 3 p.m.

Mountain View Middle School  
30 Bali Hai Rd | Mechanicsburg, PA 17050





The screening process should take about 45-60 minutes as your child visits our four stations:

- Receive a vitals check including blood pressure, height, and weight.
- Receive an EKG (electrocardiogram) exam.
- Evaluation at the heart sounds/murmur station.
- Learn cardiopulmonary resuscitation (CPR) and how to use an automated external defibrillator (AED)

*Let The Beat Go On. Get Your Heart Checked!*



## Some facts about Sudden Cardiac Arrest (SCA)

-  SCA is the #1 killer of student athletes.
-  Every hour, every day we lose a child to SCA.
-  Some warning symptoms that can lead to SCA include dizziness, fainting, shortness of breath, or chest pain.
-  One out of every 100 students screened is found to have a previously undetected heart condition.



**NATIONAL**  
**Youth Heart**  
**Screening Day**  
EVERY KID. EVERY HEART.



## REGISTER ONLINE: PEYTONWALKER.ORG

Pre-registration is required and appointments will fill quickly. Please visit [PeytonWalker.org](https://PeytonWalker.org) to register or scan the QR code. For more information, call 717-695-1917 or email [info@peytonwalker.org](mailto:info@peytonwalker.org).

