



In an effort to examine existing data The Stand Project has pulled together a high-level snapshot of the OHYES! Data from a survey administered to 7th -12th grade students in the spring of 2019. The district possesses a robust binder containing the 2018 OHYES! data in its entirety which should be used in the process of evaluating the current state of well-being and safety of our students as outlined in the well-being charter. UA Schools have committed to administering the OHYES! Survey every 2 years, including the spring of 2019, to continue to measure the health and risk behaviors and environmental factors that impact our youth's health and safety.

A note about this data.

Ohio Healthy Youth Environments Survey (OHYES!) is a youth survey designed to measure the health risk behaviors and environmental factors that impact youth health and safety. **The survey gathers information on issues like alcohol, tobacco, and other drug use, unintentional and intentional injuries, physical health, activity and well-being, and related environmental risk and protective factors.** OHYES! is an important source of needs-assessment data for school districts, community-based organizations, local health and human service agencies, and state agencies. The survey results will allow tracking of progress toward local, state and federal education and health-related goals. Trends in patterns of behavior over time may be identified using the information from the OHYES!. State-level results may also be used to compare national and other state-level results. State agencies, local health and behavioral health organizations, prevention providers, community coalitions, community safety networks, and others use this information to guide policies and programs that serve youth.

Survey Content

Special care was taken in the selection of the questions and the design of the student questionnaire. Questionnaire items were derived primarily from established surveys used throughout the United States—some for more than 25 years. These surveys were subjected to scientific research regarding reliability and validity and field tested extensively.

OHYES! questions cover the following topics.

- Demographics
- Alcohol & Tobacco/Vapor Products
- Marijuana & Other Drugs
- Bullying, Safety & School Climate
- Physical Health & Well-being
- Mental Health & Gambling
- Parental Attitudes of ATOD Use
- Community, Family & Peer Factors
- School Success
- Survey participation is completely voluntary and anonymous. Youth respondents (or their parents/guardians) may decline to participate in the survey, skip any question they do not feel comfortable with, and may stop at any time. Every time a survey is administered, youth and parents will have the option of participation.

OHYES! represents the collaborative effort OHYES! represents the collaborative effort of the Ohio Departments of Education, Health and Mental Health & Addiction Services, Ohio National Guard and representatives of educational and youth serving organizations. The members below, including youth, provided valuable input into the development and administration of the survey. Ohio University's Voinovich School of Leadership & Public Affairs, Ohio Children's Trust Fund, The Ohio State University, ADE Incorporated, Hospital Council of Northwest Ohio, University of Cincinnati, The University of Toledo, Prevention Action Alliance, Licking County Juvenile-Probate Court, Ohio Youth-Led Prevention Network (OYLPN) Youth Council, Urban Minority Alcoholism and Drug Abuse Outreach Program Federation, Youth M.O.V.E. Ohio Youth Council, Ohio Suicide Prevention Foundation, Our Futures Coalition



Culture & Risk Behaviors | 2019 OHYES! STATISTICS FROM

Ohio Healthy Youth Environments Survey! A Youth survey to measure the health **risk behaviors** and **environmental factors** that impact youth **health and safety**. OHYES.ohio.gov

SCHOOL BELONGING

Level of Belonging At School - Feel like they don't belong

Male 14% | Female 16% =
Non-Traditional 41% =
Black *% =
White 15% +
Hispanic/Latino 25% +
All other races 14% -
Multiple races 17% +

Cultural Opportunities available at school

AGREE	DISAGREE
Black 58% -	*% =
White 58% -	17% =
Hispanic/Latino 55% -	14%
All other races 59% +	19% -
Multiple races 51% -	21% +

Number of students who played video or computer games 3+ hours per day:

7th/8th about 40% +
9th-12th about 40% +

Number of students physically active for 60+ minutes per day for 5 days/week:

Black 50% -
White 55% -
Hispanic/Latino 50% -
All other races 50% -
Multiple races 56% -

27% saw a healthcare provider for mental health

Male 27% = | Female 31% +
Non-Traditional 41% -
Black 32%
White 28% =
Hispanic/Latino 32%
All other races 26% +
Multiple races 33% =

18% are depressed (measured by PHQ)

Male 12% + | Female 22% +
Non-Traditional 52% +
Black 16%
White 17% +
Hispanic/Latino 22%
All other races 16% +
Multiple races 22% +

24% felt sad or hopeless almost every day for 2 weeks or more in a row

Male 16% + | Female 31% +
Non-Traditional 60% +
Black 23%
White 23% +
Hispanic/Latino 32% +
All other races 21% -
Multiple races 31% +

!Moderate to Severe Psychological Distress (PHQ)

M 11% F 25% NT 54%
Black 15%
White 19%
Hispanic 22%
All other races 16%
Multiple races 22%

!Attempted Suicide 1 or more times in past 12 months

M 3% F 7% NT 26%
Black 6%
White 5%
Hispanic 9%
All other races 3.5%
Multiple races 7.1%

!Seriously Considered Suicide in the last 12 months

M 8% F 16% NT 47%
Black 12%
White 12%
Hispanic 17%
All other races 10%
Multiple races 17%

Manage stress by:

Avoiding drama 43% +
Creative Expression 31% -
Hobbies 25% -
Limiting Social Media 15% =
Meditate, Prayer or Relaxation 20% -
Physical Activity 51% -
Support from Others 28% -

Level of agreement that parents talk about what they do in school:

7th/8th	11th/12th
10% +	14% disagree +
20% +	21% neutra +
70% -	64% agree -

Level of agreement that parents push them to work harder in school:

7th/8th	11th/12th
4% +	7% disagree +
13% +	15% neutral +
83% -	78% agree -

55% - of 7th and 8th grade parents and 52% - of 11th and 12th grade parents discussed the dangers of substance use in the last year.

MENTAL HEALTH & WELL-BEING

Get 8 or more hours of sleep on average school night. (agree)

7th grade 57% -
8th grade 45% -
9th grade 32% -
10th grade 25% =
11th grade 18% -
12th grade 16% -

Number of students who watch 3+ hours of TV per day:

7th -12 20% +

!Ever lived with someone who was depressed, mentally ill or suicidal.

Male 15% Female 22%
Non-Traditional 48%

35% are anxious (measured by PHQ):

Male 16% = | Female 32% +
Non-Traditional 59% +
Black 19%
White 24% =
Hispanic/Latino 26% =
All other races 21% -
Multiple races 28% +

NICOTINE/TOBACCO

***21.7%** of high school students are current e-cigarette users.

***40.9%** of high school students have tried e-cigs.

***12.6%** of middle school students have tried e-cigs.

97% of 12th grade students perceive PARENTS feel it would be wrong or very wrong to use tobacco.

7TH-12 GRADE STUDENT PERCEPTIONS

Male 95% - | Female 98% -
Non-Traditional 86% +
Black 93% -
White 97% -
Hispanic/Latino 91% =
All other races 96% =
Multiple races 98% =

90% of 12th grade students perceive PEERS would feel it would be wrong or very wrong to use tobacco.

7TH-12 GRADE STUDENT PERCEPTIONS

Male 82% - | Female 89% -
Non-Traditional 80% +
Black 82% -
White 86% -
Hispanic/Latino 76% +
All other races 87% +
Multiple races 90% -

Smoked or used cigarettes, cigars, chewing tobacco, snuff, or dip on one or more of the past 30 days

Male 10% | F 6%
Non-Traditional 23%

! Used e-Cigarettes in the past 30 days

Male 6% | Female 5% NT *%
7th *%
8th *%
9th 5%
10th 10%
11th 12%
12th 13%

* Data from national and state sources.
! New 2019 questions

ALCOHOL

In the past 30 days **27%** + of high school seniors have had at least one drink.

85% - of 12th grade students Perceive PARENTS feel it would be wrong or very wrong to use alcohol.

7TH-12 GRADE STUDENT PERCEPTIONS

Male 92% + | Female 95% -
Non-Traditional 83% +
Black 93% +
White 93% +
Hispanic/Latino 89% +
All other races 94% +
Multiple races 93% +

69% = of 12th grade students perceive PEERS feel it would be wrong or very wrong to use alcohol.

7TH-12 GRADE STUDENT PERCEPTIONS

Male 76% - | Female 83% -
Non-Traditional 60% -
Black 77% +
White 81% -
Hispanic/Latino 76% +
All other races 85% +
Multiple races 84% +

10% of 12th grade students have had 5 or more drinks in a row within a few hours. (Binge drinking)

65% - of 12th grade students perceive moderate to great risk with binge drinking alcohol.

7TH-12 GRADE STUDENT PERCEPTIONS

Male 78% + | Female 82% +
Non-Traditional 74% +
Black 78% -
White 75% -
Hispanic/Latino 67% =
All other races 81% -
Multiple races 75% +

10% of students had first drink (More than a few sips) before age 13.

Male 7% | Female 4% =
Non-traditional *%

!Bought Alcohol in a Store

19% White (*other races)

!Gave Someone Money to buy alcohol

24% White (*other races)

!Parents Gave me alcohol

21% White (*other races)

!Someone Gave me alcohol

40% White (*other races)

MARIJUANA

In the past 30 days **10%** - of 12th grade students have used marijuana.

National statistics say **40%** of high school students will use marijuana once before they graduate.

81% - of 12th grade students perceive PARENTS feel it would be wrong or very wrong to use marijuana.

7TH-12 GRADE STUDENT PERCEPTIONS

Male 91% - | Female 94% -
Non-Traditional 78% +
Black 98% =
White 92% -
Hispanic/Latino 89% =
All other races 96% +
Multiple races 93% -

46% - of 12th grade students perceive PEERS feel it would be wrong or very wrong to use marijuana.

7TH-12 GRADE STUDENT PERCEPTIONS

Male 71% - | Female 78% -
Non-Traditional 57% +
Black 67% -
White 73% -
Hispanic/Latino 72% -
All other races 80% -
Multiple races 76% +

30% + of 12th grade students perceive moderate to great risk with marijuana use 1-2x/week.

7TH-12 GRADE STUDENT PERCEPTIONS

Male 55% - | Female 68% -
Non-Traditional 40% +
Black 48%
White 61% -
Hispanic/Latino 51% -
All other races 69% -
Multiple races 66% -

PRESCRIPTION DRUG ABUSE

9% - of 12th grade students reported using prescription painkillers without a doctor's prescription one or more times in their life.

96% = of 12th grade students perceive PARENTS feel it would be wrong or very wrong to misuse prescription drugs.

7TH-12 GRADE STUDENT PERCEPTIONS

Male 96% = | Female 97% -
Non-Traditional 86% +
Black 98% -
White 97% -
Hispanic/Latino 92% +
All other races 96% +
Multiple races 96% +

84% - of 12th grade students perceive PEERS feel it would be wrong or very wrong to misuse prescription drugs.

7TH-12 GRADE STUDENT PERCEPTIONS

Male 88% = | Female 92% =
Non-Traditional 79% +
Black 92% +
White 90% -
Hispanic/Latino 87% +
All other races 89% +
Multiple race 88% =

86% + of 12th grade students perceive moderate to great risk with misuse of prescription drugs.

7TH-12 GRADE STUDENT PERCEPTIONS

Male 85% - | Female 90% =
Non-Traditional 73% +
Black 89% -
White 88% -
Hispanic/Latino 83% +
All other races 87% +
Multiple race 88% +

STUDENTS TRYING TO LOSE WEIGHT

7TH-12 GRADE STUDENT PERCEPTIONS

Male 21% | Female 35%
Non-Traditional 35%
Black 42%
White 41% +
Hispanic/Latino 46% +
All other races 38% +
Multiple race 44% +

BULLYING

Bullied on school property

7TH-12 GRADE STUDENTS

Male 18% = | Female 15% +
Non-Traditional 57% +
Black *%
White 16% =
Hispanic/Latino 26% +
All other races 18% =
Multiple races 20% -

Electronically bullied (email, texts, social media)

7TH-12 GRADE STUDENTS

Male 7% = | Female 11% +
Non-Traditional 30% -
Black *%
White 9% =
Hispanic/Latino 16%
All other races 8% =
Multiple races 11% =

Emotionally bullied (teased, name calling)

7TH-12 GRADE STUDENTS

Male 23% - | Female 21% =
Non-Traditional 55% +
Black *%
White 21% -
Hispanic/Latino 30% +
All other races 23% -
Multiple races 27% -

Relationally bullied (rumors and exclusion)

7TH-12 GRADE STUDENTS

Male 14% = | Female 24% +
Non-Traditional 39% -
Black *%
White 19% =
Hispanic/Latino 24% +
All other races 16% =
Multiple races 20% -

Physically bullied

7TH-12 GRADE STUDENTS

Male 9% - | Female 4% +
Non-Traditional 25% -
Black *%
White 6% +
Hispanic/Latino 11%
All other races 9% =
Multiple races 11% -

Sexually bullied - (explicit pictures to exploit)

Male 1% + | Female 1% +
Non-Traditional 20% +
Black *%
White 1% =
Hispanic/Latino *%
All other races *%
Multiple races *%