

## **Brentwood School District**

### **The School Health Program and Sick Day Guidelines**

#### **I. Requirements**

A. The Pennsylvania Department of Health requires that the following immunizations be on file in the Health Office for school attendance:

4 DT (the 4 <sup>th</sup> on or after the 4 <sup>th</sup> birthday) or 5.	2 Measles (usually given as MMR)
3 OPV (or IPV)	1 Mumps
3 Hepatitis B	1 Rubella
2 Varicella (chicken pox)	

B. Pennsylvania School Law further requires that each child:

1. Entering K, 6, and 11 have a physical exam.
2. Entering 1, 3, and 7 have a dental exam.
3. Entering from out of state must have a current physical exam and dental exam.

II. Screenings – The school nurse provides school screenings listed below. However, it must be emphasized that the screening done in school cannot replace the need for periodic examination by the family physician, dentist and eye specialist.

- A. Snellen vision test every year K through 12
- B. Height and weight measurements every year k through 12.
- C. Hearing test for every child in K,1,2,3,7, and 11.
- D. Scoliosis screening in grades 6 and 7.
- E. Body Mass Index for all grades.

III Recommendations – Parents may assist in maintaining good health and regular school attendance by paying attention to the following:

- A. Notify your Child's school nurse of any health problems or accidents
- B. Keep your child's school nurse updated regarding chronic health conditions
- C. Keeping a regular bedtime and wake up time. Your child will benefit by having time for a healthy breakfast and time to get to school without stress.
- D. Please keep your child home if affected by:
  1. Fever of 100 degrees or higher and should be fever free for 24 hours before returning to school.
  2. Vomiting in the past 24 hours.
  3. Constant coughing.
  4. Colds with heavy mucus secretions.
  5. Inflamed eyes with drainage / crusting.
  6. Any questionable contagious condition or rash.