

Welcome to the South
Fayette TWP High School
Food Court –

The Lion's Den



Welcome to the Lion's Den:
Please "Do" feed the Lions!!!!

"Toast UR Own" Breakfast Station ALL

DAY We offer bagels, English Muffins, assorted cereal, yogurt, string cheese, assorted juices, hot coffee, hot tea, (flavoring station), hot chocolate, cappuccino, Iced coffee – Mocha and vanilla, mini muffins, pastries, hot breakfast sandwiches, fresh fruit basket, assorted Milk selection.

Reimbursable School Breakfast Program:

* Cereal, bagel, Muffin, choose a Milk OR Juice \$NO Charge
(Continental breakfast is free to all students this school year)
Stop at the food court prior to the 7:20am bell and select your Grab N Go Breakfast.

Open Daily 7:00AM until 2:20PM



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Assorted Beverages – Sold at ALA Carte Pricing



Our *Deli* Stations offers

daily specials freshly prepared for our customers.
Stop by and check out our daily special.

Sliced Daily: Oven-Roasted Turkey Breast, or thinly sliced Ham with Assorted Cheeses.

Topped with shredded lettuce, tomato,

Assorted Condiments: Available.

Deli Gourmet Sandwich is \$3.25 – Ciabatta or foccacia with turkey, cheese, lettuce, tomato

Note: Not a reimbursable Meal – Sold as ala carte



Fryer Station: Potato Skins, Mozzarella Sticks, Provolone Sticks, Breaded Mushrooms, Potatoes – fries, curly fries, peppered fries . Basket Special are offered weekly. Grilled Pierogies with sauteed onions, Potato skins with sour crème & Bacon, Egg Rolls (Priced at AIA Carte) Items may change without notification

Grilled Sandwiches Daily: Vegetarian Burger with Barley/Rice, Grilled Chicken Breast Sandwich, Tyson Breaded Chicken Breast sandwiches, Cheeseburger and Hamburger, Grilled Hot Dog, Hearty Fish Sandwich, Deluxe Chicken Breast Sandwich and Chicken Hoagie basket Priced at \$2.50 Speciality Sandwiches: \$3.50 Basket Specials:



Condiment Cart - Condiments that accompany items, such as, Ketchup, mayo, mustard, lettuce, pickles and tomato (within normal limits) (In cases, such as, excessive amounts of condiments selected by student, these will be charged accordingly)

Specialty Sauces: Honey Mustard, Hot Sauce, Ranch, BBQ are .75 cents per dipping cup container

Our Worldly Cuisine *New* Station



Introducing our New Meal Station: offering

Worldly Cuisine

Vegetarian & Meatless Options, Tofu Dishes, Noodles, Rice Bowls

Assorted Sautéed Vegetables, **Vegetarian Wrap** - See signage for Specials of the Day. **This station serves a "Full reimbursable meal"** Price \$3.25 **Free** to Free Qualifying Students and ~~\$5.40~~ **FREE** to **Reduced** Qualifying Students (Milk/Fruit or Veggies Included in the Meal Price) **Create a Veggie Wrap**



- ***Veggie Boca Pattie** - Barley/Rice/Mushroom Grilled and served on a BUN
- * **Spicy Black Bean Pattie** on Bun
- * **Gourmet Wrap**- Assorted Veggies, Hummus, Avocado
- ***Outrageous Orange Stir Fry Wrap** Tofu, garbanzo beans, brocc, carrots, peas, cabbage in a Wrap
- ***Vegetable Biriyani w/Tofu**



**New Features coming
this fall. \$3.25 per meal**



Tofu w/ vegetables over noodles

Bok Choy, Noodles and Tofu

Outrageous Orange Stir Fry Wrap

Items and menu may change without notice.

Taste of Italy

Pizza Station



Assorted Pizza created daily Buffalo Chicken Pizza, Cheese Pizza, Pepperoni, Steak Pizza, Meat lovers with Sausage, White Pizza with fresh tomatoes and seasonings. Personal Pan Pizza, Pizza Strips, Calzones, and Stromboli -We offer 5 different crusts and bake them to perfection!!!



White Pizza with fresh Mozzarella, basil and sliced

Tomatoes

Personal Pan Pizza





Layered Dip, Hummus, Guacamole, salsa

Lion's Mane Station Meal

Please check the web site **(MENU)**
www.southfayette.org under the food
 service tab for menu.

Meal Pricing \$2.80

Premium Meal \$3.25

Staff Meal: \$4.60

Milk, Fruit/Vegetable included in the MEAL Price

Note: This Station serves a "FULL Plated Meal". Reimbursable meal
 should be selected from this station or our **NEW Worldly Cuisine** Station. Students
 participating in the NSLP lunch program will
 get their meal at this station. Full Meals
 Include: Entrée, fruit, vegetable and Milk. All
 other stations in the food court are considered ala
 carte and are not included in the meal plan and
 will be priced at ala carte pricing. Submit a Free
 and Reduced Meal application at anytime
 throughout the school year. There are several
 options each day at this amazing station.
 This station offers a Fruit & Veggie Bar, juice,
 dessert, and **assorted Milk**.

Meal Price \$2.80

Premium Price is \$3.25



Specialty Items: Guacamole with Tostitos Chips – **"KOOL KITS"**

See Our Monthly Menu on Line www.southfayette.org
 Under Food Service Tab

Gourmet Soup & Salad Bar -

Home-styled Soups offered daily. Salads are sold based on weight. **Fresh Fruit** selections daily. Hummus, Chicken, Ham, Turkey, Cheese **Not a reimbursable Meal** - Ala Carte Pricing Assorted Crackers



SOUP /Salad Bar and Fruit Bar - Sold at weighted pricing and ala carte pricing.

Food Court is opened from 7:00AM until 2:30PM DAILY Soup & Crackers

Snacks carts are offered daily. Times/information may change without notice.

Note: Parents are responsible for maintaining a positive balance in their child's account. Students can charge up to a negative - \$7.00, in the event that they forget their lunch money or lunch. Students cannot charge over the negative \$7.00 amount. In the event that the debt meets the negative \$7.00 they will be offered a reimbursable meal only. Payment for the negative balance and the meal offered will need to be submitted as soon as possible.

Questions: Call Ms. Aimee Dernosek (High School Kitchen Lead) 412-221-4542 x277 Nutritional Office
Ms. Tricia Wood, Director of Food Services 724-693-3019

Sign Up Credit Card Pay -On-line for school meals: Auto Pay www.myschoolbucks.com

Sign up for Free & Reduced Meals on line: www.schoolcafe.com



SOUTH FAYETTE TWP SCHOOL DISTRICT
Food & Nutrition Department
Tricia Wood, Director of Food Services | (724) 693-3019

APPLY ONLINE FOR FREE & REDUCED MEALS
at www.schoolcafe.com

Avoid the paperwork - Apply online using a tablet,
computer or smartphone type device.

Families that qualified for the National School Lunch Program this
past school year have the first 30 days to submit a new application
to avoid meal interruption heading into this new school year.

Note: A new application is required for each school year.
(Submitted online or paper version.)

- Students qualifying for Reduced Lunch will pay \$0.40 for any meal offered (including tiered pricing meals).
- Students qualifying for Reduced Breakfast at the Middle School and High School will pay \$0.30.