**Counseling Resources**

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| Cornerstone of Hope | 2963 Blue Jacket Ct  Lima, OH 45806  or  8905 Columbus Grove-Bluffton Rd. Bluffton | 419-581-9138 |  |
| Counseling Awareness Center | 1240 W. Market St., Lima, OH 45804 | 567-376-9235 |  |
| Family Resource Center of Northwest Ohio, Inc | 520 S. Main St.  Lima, OH 45804 | 419-222-1168 | Diagnostic assessment-MWF-9:30-11:30  TR 2:30-3:30 |
| Personal Growth Counseling | 1128 W. Market St.  Lima, OH 45805 | 419-222-2255 | Rosalie Stluka  Dr. Strobel |
| Professional Psychological Associates | 3745 Shawnee Rd. Suite 105  Lima, OH 45806 | 419-999-2024 | Dr. Stacy Fahlsing  Kris Thackery  Dr. Michael Shafer |
| SAFY Behavioral Health of Lima | 658 W. Market St. Suite 101  Lima, OH 45801 | 419-222-1527 | Walk-In diagnostic assessments available Monday through Thursday from 10:00 AM to 2:00 PM. Other hours available by appointment. Telehealth services available. |
| Therapy Works | 102 Devonshire Dr.  Lima, OH 45804 | 419-905-7556 | Heather Koontz |
| We Care Crisis Center | 797 S. Main St.  Lima, OH 45804 | 1-800-567-4673 | Offers 24/7 **EMERGENCY** mental health services. Text services also available-send message to 741741 |

**Prevention Programs/Support Groups**

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| Cornerstone of Hope | 2963 Blue Jacket Ct  Lima, OH 45806  or  8905 Columbus Grove-Bluffton Rd. Bluffton | 419-581-9138  <https://www.cornerstoneofhopelima.org/> |  |
| PASS | 309 W High St. Suite A  Lima, OH 45801 | 419-549-8530  <https://www.passaah.org/> |  |