



Isolation and Quarantine Guidelines Coronavirus (COVID-19)

TESTED POSITIVE FOR COVID-19	
<p>Everyone, regardless of vaccination status and symptoms</p>	<ul style="list-style-type: none"> Isolate and stay home for 5 days from onset of symptoms or from test date if no symptoms. If you have no symptoms or your symptoms are improving after 5 days, you can leave your house. Continue to wear a mask around others for 5 additional days. <p>If you have a fever or other symptoms that haven't started to get better on day six, continue to stay home until your fever is gone (without using medication) and all other symptoms are better.</p>
EXPOSED TO SOMEONE WITH COVID-19	
<i>If you:</i>	<i>Then you:</i>
<p>Are boosted - OR - Completed the primary series of Pfizer or Moderna vaccine within the last 6 months - OR - Received one dose of J&J vaccine within the last 2 months</p>	<ul style="list-style-type: none"> Do not need to quarantine and may continue normal activities. Wear a mask around others for 10 days. Test on day 5, if possible. <p>If you develop symptoms, get a test, isolate and stay home.</p>
<i>If you:</i>	<i>Then you:</i>
<p>Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted - OR - Received one dose of J&J over 2 months ago and are not boosted - OR - Are unvaccinated</p>	<ul style="list-style-type: none"> Quarantine and stay home for 5 days. After that continue to wear a mask around others for 5 additional days. If you can't quarantine, you must wear a mask for 10 days. Test on day 5, if possible. <p>If you develop symptoms, get a test, isolate and stay home.</p>
<i>If you:</i>	<i>Then you:</i>
<p>Tested positive for COVID-19 in the past 90 days</p>	<ul style="list-style-type: none"> Do not need to quarantine and may continue normal activities. Wear a mask around others for 10 days. Test on day 5, if possible. <p>If you develop symptoms, get a test, isolate and stay home.</p>



K-12 SCHOOLS QUARANTINE GUIDANCE

Modified Quarantine in Schools

Ohio Department of Health (ODH) permits modifications in quarantine for both students and staff in K-12 schools if certain requirements are met. **The modified K-12 school quarantine guidelines do not apply to household exposures or exposures outside of the school setting or school-related activities.** The full guidelines for K-12 school quarantine are included at the end of this document.

Direct contacts, regardless of vaccination or masking status, may remain in the classroom environment if they do the following:

- Wear a mask for 10 days after their last date of exposure.*
- Self-monitor, or parent-monitor, for symptoms of COVID-19.
- Isolate and get tested if they start to experience symptoms associated with COVID-19 (regardless of level of severity).

**We recognize that some students are unable to wear a mask because of a medical condition or developmental disability as recognized by their medical provider. In these instances, MCPH and schools will work together to determine if there is a safe way of allowing these students to remain in the school setting. When making this determination, the level of risk and the safety and health of other students must be considered.*

Asymptomatic contacts may continue to participate in extracurricular activities if they do the following:

- Wear a mask when able. (This includes: transportation; locker rooms; sitting/standing on the sidelines; and anytime the mask will not interfere with breathing, the activity, or create a safety hazard.)
- Test on initial notification of exposure to COVID-19.*

**Tests referenced above are COVID-19 PCR or antigen tests. They should be proctored/observed by someone and cannot be an over the counter, at home test that was self-administered without a proctor.*

References:

[ODH Infectious Disease Control Manual Section 3 Coronavirus Disease](#)

[ODH COVID-19 Isolation & Quarantine Guidance](#)

[ODH K-12 Schools Quarantine Alternative](#)